

FRUBES LONG HOP CHALLENGE

MATERIALS NEEDED:
A pack of chalk, measuring tape.



1. Using some chalk and a measuring tape, mark various distances on the pavement or grass. If you are on grass, make sure the grass patch is flat and there are no bumps or lumps for you to trip on.

2. From a standstill, jump as far as you can and mark down your distance. If you are jumping on grass, remember which coloured chalk marker you jumped nearest to.

3. Take turns in jumping with your friends.
Fun tip: first jump from a standstill and mark your distance, then try a running jump and see how much further you can get!

4. Whoever can jump or hop the furthest wins!



MATERIALS NEEDED

A pack of chalk, measuring tape.



STEP 1 Using some measuring tape, mark various distances on the grass or a soft surface (such as a playmat), by putting down individual chalks as your distance markers.

STEP 2 From a standstill, jump as far as you can and remember which coloured chalk marker you jumped nearest to. To make the game more fun, you can try and hop like a bunny as far as you can from standing still!

STEP 3 Take turns in jumping or hopping.



STEP 4

WHOEVER CAN JUMP OR HOP THE FURTHEST WINS!

